

# Stroud Public School Newsletter



Care, Respect, Responsibility and Fairness

Erin Street Stroud 2425

Phone: 0249945255

Email: [stroud-p.school@det.nsw.edu.au](mailto:stroud-p.school@det.nsw.edu.au)

TERM 4 WEEK 6

FRIDAY 17 NOVEMBER 2023

## WHAT'S ON

### Term 4

#### Week 7

Tuesday 21 November

Kindy transition 9:30 - 12

Thursday 23 November

Year 5 Leadership Speeches 2pm.

#### Week 8

Monday 27 November

Gymnastics

Tuesday 28 November

Dungog HS Orientation Y6 only

Thursday 30 November

K - 2 Spelling Bee

Year 6 excursion Gravitix

Youyoong Deadly Awards

## CANTEEN

### Term 4, Week 7

Fri - Bec, Sophie, Sarah W

### Term 4 Week 8

Friday only  
Meal Deal- only for lunch Pre-ordered only - no recess

## Principal's Report



As I write this newsletter, the Christmas countdown calendar tells me there are 35 sleeps until Christmas!

Our students and teachers are very busy preparing some songs for you to enjoy at Presentation Day in Week 10. Please make sure Tuesday, 12th December is in your calendar. The students will also be singing these songs for the residents at Stroud Community Lodge in Week 9.

At every school at this time of year, students, parents and staff can feel overwhelmed by the hectic pace we find ourselves in. Teachers are trying to ensure we are learning all we can before the holidays in addition to fun, end-of-year activities. Administrative staff are preparing for the rollover of students from one grade to the next. Students are tired from a very hard working year and this can mean they present with emotional behaviours, disruptive behaviours, frustration and fatigue. It is essential that we work together to ensure that calm, safe and consistent routines and expectations are in place so that our students can feel supported and ready to learn every day. Please support your children by talking with them about their busy school day, reminding them of our

expectations regarding respect and care for themselves and others and providing opportunities for 'down time' without a screen after school. I came across the below image recently, and thought it a good reminder about how it is okay to be bored. It gives the brain time to recharge and reset.



This week will see our Kindy 2024 students enjoy their final transition session. They have been an amazing group! Well done to the pre-school educators and early childhood educators who have prepared them for this next learning journey. Thanks parents for supporting your child to have a smooth start to school.

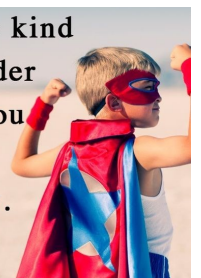
Good luck to our Year 5 students as they deliver their leadership speeches this week. I look forward to hearing about their commitment to being our 2024 leaders and I know their peers will vote wisely.

Have a great fortnight!

Erin Wilson

Principal

Be the kind of leader that you would follow.





### Poppies on Remembrance Day



The red poppy has special significance for Australians as they were among the first to flower in the devastated battlefields of northern France and Belgium in the First World War. In soldiers' folklore, the vivid red of the poppy came from the blood of their comrades soaking the ground. Australians wear a red poppy for 3 reasons:

- in memory of the sacred dead who rest in Flanders' Fields
- to keep alive the memories of the sacred cause for which they laid down their lives
- as a bond of esteem and affection between the soldiers of all Allied nations and in respect for France, our common battleground.



## Merit Awards - Week 5 and 6

	Week 5	Week 6
Wattle	Eli, Rahni, Zoey, Koko	Mack, Layla, Romey, Nevaeh, Cleo
Bottlebrush	William S, Sienna	George, Pippa, Scout
Banksia	Bella, Flynn	Charlie, Charlotte, Jesse
Miss Gunn	Matilda	Thea



## Remembrance Day 11.11.23

Our Stage 3 students led a respectful Remembrance Day ceremony on Friday 10th November to acknowledge the end of World War I and the sacrifices made by men and women during war.





## K - 2 Sleepover

The K - 2 sleepover last Thursday night was so much fun! There were fun activities galore and special treats at every opportunity. Mrs Fletcher organised an absolutely amazing incursion - thank you Mrs Fletcher, you are wonderful. Thanks also to Miss Gunn, Miss Snowden and Mrs Munn for all you did in ensuring our youngest students had a blast! Safe to say, everyone slept well Friday night!



## Curriculum update - from our APCI, Mrs Pass

This term, each newsletter will explore the teaching strategy 'Talk Moves'. These 'Talk Moves' are used by teachers to support thoughtful discussion in the classroom.

### 'Talk Move': Reasoning

'Reasoning' is a 'Talk Move' that encourages students to justify or elaborate their own thinking by providing evidence. When using this 'Talk Move', the teacher might say:

- "Can you explain that further?"
- "What evidence did you use?"
- "Do you agree or disagree with this idea? Why?"

### How Can You Use 'Reasoning' At Home?

Use 'Reasoning' when completing everyday problem-solving activities or asking questions (e.g. playing a board game or planning an outing). Examples could sound like:

1. "How do you know that you will land on square 44?"
2. "Why do you think that the park is the best option?"
3. "Can you explain why you think we should cook muffins?"





## Stage One League Tag Gala Day

Thank you Miss Snowdon for organising the Stage One League Tag Gala Day at Thornton last Tuesday. Thanks also to parents for co-ordinating transport so we can provide this great sporting opportunity. Miss Snowdon reported outstanding sportsmanship and participation. Well done, Stroud!



Happy birthday!



Happy birthday to Mrs Forbes, Eli and Hunter



## Gymnastics

Students have been enjoying gymnastics thanks to Jen Kendall from GymMatrix and a grant from Sporting Schools Australia. Students have been enjoying balance, strength and flexibility challenges. We have two sessions of gymnastics left.



**Good for kids**  
good for life



### Keep lunchboxes cool

**Did you know that lunchboxes packed without an ice brick reach temperatures of 12 degrees warmer than those with an ice brick?**

With the weather heating up, it is important to ensure your child's lunchbox stays cold at school to protect them from harmful germs.

Follow our top tips:

- Pack an ice brick
- Use insulated lunchboxes or cooler bags
- Freeze water bottles or reduced fat milk poppers to use as ice bricks - as the drink melts, it is also a cold refreshing drink!
- Store the lunchbox in the fridge overnight
- Freeze fruit such as berries and orange wedges to cool the lunchbox and also act as a delicious everyday snack



Source: Tips To Keep Food Safe ([www.swapit.net.au](http://www.swapit.net.au))



Developed by Hunter New England LHD

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<https://goodforkids.nsw.gov.au>

