

Stroud Public School Newsletter



Care, Respect, Responsibility and Fairness

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TERM 4 WEEK 2

FRIDAY 20 OCTOBER 2023

WHAT'S ON

Term 4

Week 3

Tuesday 24 October

Jump Start at Dungog HS

Kindy 2024 transition session #1

Wednesday 25 October - Friday 27 October

Stage 3 Camp

Friday 27 October

World Teacher's Day

Week 4

Welcome back to our professional experience student Ms Winter!

Tuesday 31 October

Year 6 'Try a high school day' at Dungog HS.

Thursday 2 November

Kindy 2024 Session #2

K - 2 sleepover at school

CANTEEN

| | |
|----------------|-----------------|
| Term 4, Week 3 | Helen and Angie |
| Term 4 Week 5 | Helen and Bec |



Principal's Report

Welcome back to Term 4 - a term for consolidating our learning, celebrating achievements, acknowledging hard work and nurturing friendships. It's a term where we look back to where we have come from and look forward to where we are going.



We are all very aware that it is Year 6's last term with us and we are trying not to get too emotional about it!

Our Year 6 students are ready to make the transition to high school and there are quite a few dates in the calendar to support Year 6 in being familiar with their new school. Please ensure you check the School Bytes Parent Calendar to ensure you have these high school transition days marked.

Year 5 will have the opportunity to commit to being our school leadership team in 2024. I will be speaking to Year 5 about this very soon. Leadership speeches will be on Thursday 24th November at 2pm.

Kindy 2024 transition begins next week and we can't wait to welcome our new students to 'big school' for five fun sessions. We know that starting school can be an overwhelming experience for both children and parents. Please reach out and

come in for a chat if there is anything that you have concerns about.

Stage 2 had a fantastic time at their overnight excursion to Sydney this week. For some students, this may have been their first night away from the security of home. We are very proud of our students for challenging themselves and experiencing a wonderful camp. I want to give a big thank you to Miss Snowdon for accompanying the children to Sydney and doing all she could to ensure everyone had a wonderful time. Thank you to the staff at Booral PS for organising the camp. Congratulations Year 3 and 4 students on your excellent behaviour whilst on camp and representing our school with pride.

Next week it is Stage 3's turn and we are looking forward to a wonderful 3 day adventure to Canberra. Stage 3 students, you MUST be at school by 6.20am on Wednesday 25th October so the coach driver can stick to the very busy itinerary.

Lastly, I want to thank our entire school community for the enthusiasm and participation in last Friday's colour run. It was an absolutely fantastic afternoon and everyone; students, staff and parents, had such a blast. Our P & C organised and set up an amazing course for the students to run around. Thank you! Thank you! Thank you! See inside this newsletter for some great photos and more details about the fundraising and prizes.



Erin Wilson

Principal



Sydney Harbour Bridge

- Construction of the bridge began on 28th July, 1923
- The bridge officially opened in March 1932.
- 950 000 cubic metres of concrete was used to make the bridge
- Around 6 million rivets hold the bridge together
- It has the nickname, 'the coathanger'.

What else can you find out about this iconic Australian construction?

P and C Bake Off for RFS

Our P & C rallied together on short notice to prepare delicious baked goods and cool drinks for our dedicated RFS volunteers who have been monitoring and fighting the Girvan fire. They were extremely appreciative at your thoughtfulness. Thanks Bec and Todd Evans for delivering and co ordinating.



Merit Awards - Week 1 and 2

| | Week 1 | Week 2 |
|-------------|------------------------|------------------------|
| Wattle | Harper, Layla and Cleo | Bailey, Valley, Ruby M |
| Bottlebrush | Zazen and Ethan | Elora, Finley, Lucas |
| Banksia | Violet H and Violet A | Blaze, Bella |



P & C Report - Fundraising

We raised more than the target amount! Prize ordering opens today. Hop online to the fundraising portal at schoolfundraising.com.au. Prizes have to be ordered by Tuesday 24th October.

Alderley Creek Camp was a huge success! Thanks to all parents who cooked and served. Extra thanks to Kate for her hard work organising this fundraiser. The next camp will be in Term 1, 2024.

On the first 2 days of Kindy 2024 transition mornings, Bec will be available to support parents with uniform ordering.

P & C Report - Canteen News

Here we are at the last term already! With the warmer weather, we are changing back to our summer menu. This means that there will be **NO party pies or sausage rolls** available at recess. They will be available at lunch only.

We are also going to have a new drink - Chill-J - flavours will be Raspberry or Orange/Passionfruit. They come with a screw top lid and are \$2.50. **They will only be sold at Lunch!**

We also have new delicious mango frozen yoghurts available at recess and lunch as a new treat.

Thanks for all of your support, if you are able to volunteer we are always seeking new members. Helen

Stage 2 excursion to Sydney

Year 3 and 4 had a wonderful two day excursion to Sydney with our friends from Booral and Stratford Public Schools. Despite a bit of rain and hundreds of steps, everyone had a fantastic time!



Curriculum update - from our APCI, Mrs Pass

Studies have shown that children learn more and they learn better through talking! At Stroud PS, we are facilitating quality classroom discussions using a questioning technique called 'Talk Moves'. In each newsletter for this term, I will outline one 'Talk Move' and some tips on how you can use 'Talk Moves' at home in conversations with your kids.

'Talk Move': Wait Time

'Wait Time' is a 'Talk Move' that provides children with time to think. When using this 'Talk Move', the teacher might say "I'm going to give you some time to think about your answer before I ask you to respond" and then pause for 30 seconds. 'Wait Time' supports children to organise their thoughts and to give more considered responses. It also encourages participation and builds confidence in those less accustomed to speaking in front of the class.

How Can You Use Wait Time At Home?

Give your child 'Wait Time' when completing everyday problem-solving activities or asking questions (e.g. discussing their favourite part of the school day or planning a shopping list). Examples could sound like:

- "Take a few seconds to think about this before you answer me"
- "Don't say the first answer that pops into your head"
- "Can you write down your ideas and share them with me in a few minutes?"

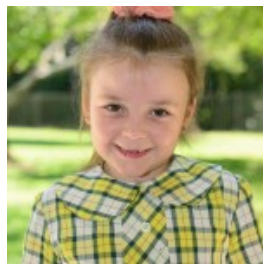
Colour Run

What an epic afternoon we had at the Colour Run! It was messy, it was colourful and it was fun! Thanks to all our parents who made it happen! 'This is what Ivy from Year 1 had to say:

'Last week we had a Colour Fun Run. My favourite obstacle was the pools. I loved getting wet and colourful. It was very fun!'



Happy birthday!



Happy birthday to Cleo,
Lucas and Phoenix!

Got It! Initiative - K - 2 are invited to participate in this outstanding program.



Getting On Track In Time! - Got It!
for children in the current
Kindergarten, Year 1 and Year 2 Classes 2023

Stroud Public School has the opportunity to participate in an exciting and innovative initiative for children in the current Kindergarten, Year 1, Year 2 classes to enhance their social and emotional skills. ***Getting On Track In Time! - Got It!*** is an early intervention program run by local health professionals from the Local Hunter New England Health District in collaboration with Department of Education.

Got It! aims to teach children emotional resilience and further the development of their social skills to help them better manage their behaviours at school and at home, assisting them to learn to their full potential and maximise their life opportunities. The program will be fun and supportive for students and will also be practical for parents and teachers.

Parents of children in the current Kindergarten, Year 1 and Year 2 classes will be asked to complete a short questionnaire to assist in identifying which part of the program will best benefit their child. These are due back on **Wednesday 25th October**.

The ***Got It!*** Health workers will be available under the COLA on

Thursday 26th October 3pm

To provide information and answer any questions.

Drop in and meet the local ***Got It!*** Health team.



Professional Learning

Our staff have been very busy learning as well over the last two weeks. We really enjoy collaborating with our neighbouring schools. Here we are updating our First Aid, CPR and Anaphylaxis training and also learning how best to implement 'Talk Moves' into our maths lessons.





Rolling Hills Film Festival

Year 4, 5 and 6 students entered 3 short films into this years Rolling Hills Film Festival, sponsored by Brimble Rail. 'Mission Inevitable' won Best Camera-work and 'How to Pop a Wheelie Safely' won Spirit of the Festival Award and ' Never Fight With Your Friends' was runner up in the Best Film category. Congratulations to all students involved and thanks Mrs Murray for your expert movie making skills.

Mill Creek Restoration Project Saturday Landcare Group

We pay our respects to the Worimi people, elders, past, present and emerging who are the traditional custodians of this land and who cared for and worked with the land that we are now blessed to live on. We thank you for your wisdom, connection to country and stewardship of this beautiful place we call home.

We invite the Stroud Public School community, children and parents alike to come and join us to support the Landcare initiative in Stroud. We already meet Tuesdays 9:30-12 for those that could join us then but we are now starting on Saturdays to engage more people when their available. Same time of 9:30-12, still allowing for the well earned Saturday sleep in with generally 2 hours work and then a social morning tea. We have already had the opportunity to host year 4,5 and 6 for a working bee at the site which was incredibly fun and productive and we would love to have those students and others become a regular part of our team. Our first meet will be on Saturday 4th November with a site induction, safety briefing and some plantings.

The Mill Creek Restoration Project is a newly formed Landcare group who are supported by Mid Coast Council and Karuah and Great Lakes Landcare. Its aim is to restore and rehabilitate a section of Mill Creek, Stroud. The site is located on Mill Creek Lions Park just off Cowper Street, across the road from Stroud showground. It is a beautiful shady oasis teeming with gorgeous trees including weeping lilly pillies, water gums, white cedar, tallow woods and river oaks. It is home to a variety of local wildlife especially a diverse array of bird life including the black satin bower bird, kookaburras, rainbow lorikeets, magpies, crows, thornbills, figbirds and catbirds.

The site although degraded with overgrown weeds and destabilised banks, has the potential of becoming a welcoming community recreation area with BBQs, shelters and amenities in a beautiful natural location the whole community, locals and visitors alike can enjoy. The project also has the potential to assist in environmental education and awareness for locals and school groups via working bee days, planting days and information days.

If you are interested in volunteering, please call Amy on 0479135097. All training, PPE, and equipment will be provided by Mid Coast Council and Karuah and Great Lakes Landcare.

Bushfire danger period information for parents and carers

Fact sheet

This factsheet provides information for parents and carers about arrangements for the bushfire danger period.

The NSW Department of Education has engaged external experts to conduct assessments of all NSW government schools, to identify schools at greater risk of impact from bushfires.

To support the health, safety and wellbeing of students and staff, the department, in consultation with NSW Rural Fire Service (NSW RFS), will direct the school to temporarily cease operations on days when a Catastrophic Fire Danger Rating has been declared for your school's NSW fire area. Alternative learning arrangements will be put in place for these days.

Schools may be made non-operational due to changing risk conditions and the relevant advice from emergency services.



What is a Fire Danger Rating?

Fire Danger Ratings describe the potential level of danger should a fire start. The ratings are determined by a combination of factors including air temperature, relative humidity, wind speed and drought.

For further information on the Australian Fire Danger Rating System, visit rfs.nsw.gov.au/news-and-media/fire-danger-ratings-are-changing-soon

Fire Danger Rating sign





When will I know if my child's school has been made non-operational?

At approximately 4:00pm each day the Fire Danger Rating is issued for the following day. This means that schools, including onsite preschools, will be notified after school hours that it will be non-operational the following day. Your school will notify you as soon as possible by the preferred method of communication.

Parents and carers are requested to:

- provide up-to-date home and after-hours contact details to your school
- stay up-to-date with news and local media through the bushfire danger period.



NSW School Updates app

Get the free NSW School Updates app to receive operational status updates for NSW public schools education.nsw.gov.au/parents-and-carers/nsw-school-updates-app



What education arrangements will be in place if the school is non-operational?

When non-operational, your school will advise of alternative learning arrangements, including any relocation or learning from home plans.



Learn more

Be prepared and ensure you have a bushfire survival plan in place. The NSW RFS has resources for all residents to plan and prepare for the bushfire season.

Consider whether your home is safe from bushfires and grassfires, and be prepared to relocate to a safer place well in advance. Find more information and resources from the NSW RFS rfs.nsw.gov.au/plan-and-prepare

We appreciate your cooperation during the bushfire season. For further information about Fire Danger Ratings and the bushfire danger period, please refer to [NSW Rural Fire Service rfs.nsw.gov.au](https://www.nsw.gov.au/rural-fire-service)

The department's School Safety website education.nsw.gov.au/public-schools/school-safety provides up to date information during bushfires and grassfire emergencies.

Please contact your school with any additional questions.



Need help?

Speak to your local Work Health and Safety Advisor for support and advice, or contact the Incident Report and Support Hotline on 1800 811 523.



Getting ready for Year 7 2024

Orientation Day Tuesday 28 November, 2023

Orientation Day is a chance for incoming students to explore the school, meet staff and peer support leaders. It's also an opportunity for parents and carers to find out more about the school.

Parent information sessions

During orientation day, we have the following parent information sessions:

- Tech Session - learn what technology the kids will need and use
- "New Beginnings" by Bully Zero - This program is designed to support Year 6 students transitioning from primary school to high school, with the aim to help and support them through the uncertainty and challenges that may arise during this period.

Try a High School Day Tuesday 31 October, 2023

Notes have been sent out to your primary school for distribution.

Try a High School Day is designed as an introduction to the high school learning environment. Students will participate in a number of learning activities in areas such as Science, PE and HSIE.

Communication

Visit our school **website** for key information about starting Year 7:
www.dungog-h.school.gov.au

Join our **Facebook** page for news and achievements:
www.facebook.com/DungogHighSchool

Download the **Compass School Manager** App for attendance, timetables, news (log in details will be provided Term 1, 2024)

First day of school Thursday 1 February, 2024

Year 7 students will meet at the MPC (access via Hooke Street), for a 9am roll call.

This will also be the same first day for Years 11 and 12. Year 8, 9, 10 return Friday 2 February 2024.

Aboriginal Student Transition Day Tuesday 21 November, 2023

Students will participate in a number of mini 'taster' lessons and cultural activities throughout the day.

A permission note detailing organisation, transport requirements, start and finish times will be distributed closer to the date by your primary school.

Uniform & Books

The school uniform shop is **open every Wednesday 8:30am - 1:30pm** during Term, and will be open after hours on the following dates:

- **Tuesday 28 November** 8:30 - 9:30am and 3:30 - 5:30pm
- **Wednesday 13 December** 3:30 - 5:30pm

Book packs will be available for \$55 from the school front office from Tuesday 28 November (Orientation Day). Or, you are welcome to purchase stationery from your store of choice

Year 7 Camp 28 February - 1 March, 2024

More information will be sent home early Term 1, 2024. The estimated cost is \$375.



DUNGOG COMMUNITY WELLNESS FESTIVAL

**FRIDAY 27TH OCTOBER 2023
BARNES OVAL**

BEHIND DUNGOG HIGH SCHOOL
(small amount of parking on site at oval)

12.30PM - 4.30PM

**BBQ - MUSIC - GAMES - MINDFULNESS ACTIVITIES - GRAFFITI ART
STALLS - FREE HEARING CHECKS - PHOTO BOOTH
LUCKY DOOR PRIZES & MUCH MORE**

Do you often wonder where to go to get support in your community? This event is an opportunity to come and see what services are available to provide you support in all domains of wellness, mental, physical, financial, social, occupational, environmental, & spiritual.

This free event is proudly sponsored by



**Regional
NSW**



TENNIS COACHING

Club Professional
Greg Billingham
(Tennis Australia
affiliated)

Available for:

- Junior/ Adult Coaching
- Group & Private Lessons
- School Holiday Clinics

Enquire Now

To Enquire Contact:
Greg Billingham
Phone: **0414 552 966**
Gloucester Tennis Club



STROUD PRIMARY SCHOOL
SUMMER CANTEEN MENU 2023.
 FULL MENU IS AVAILABLE ON FRIDAY ONLY.

RECESS

Freshly Popped Popcorn (E)50c *
 Frozen Pineapple Ring (E) ...50c *
 Fruit Salad Cup (E)\$2.50
 Banana Bread (E)\$2.00 per slice
 Veggie Sticks x 6 (E)\$2.00 *
 (Carrot, Celery or Cucumber)
 Hommus Dip (E)\$1.50 *
 Custard (E)\$1.80 *
 Raisin Toast (1 slice lightly buttered) (E) ...50c
 Toasted English Muffin with Vegemite, Jam or
 Honey (E)\$1.50
 Ham & Cheese Toasted Sandwich (E)\$2.50 *
 Pancakes x 2 with fruit & honey (E)\$3.50
 NEW Everest Frozen Mango Yoghurt\$2.00

*= item also available for lunch

In Accordance with the Dietary Guidelines
 (E) = Everyday Food
 (O) = Occasional Food

DRINKS (RECESS & LUNCH)

Water 350ml (E) \$2.00
 Flavoured Milk 250ml – Chocolate or
 Strawberry (E)\$2.00
 Berri 99% Fruit Juice 250ml -, Apple or Apple
 Blackcurrant (E)\$2.00
 Milo\$1.50
 NEW Chill J Drinks – Raspberry or
 Orange/Passio\$2.50

LUNCH

Garlic Bread (O) \$1.00
 Low Fat Party Sausage Roll (O)\$1.80
 Low Fat Party Pie (O)\$2.00
 Cheese & Bacon Pizza (O)\$3.00
 Processed Chicken Burger (w/lettuce & mayo)
 (O)\$4
 Chicken Goujons (fingers) x 6 (O)\$3.50
 Salad Bowl (lettuce, tomato, cucumber, carrot,
 cheese, pineapple) (E)\$4.00 + add chicken
 or ham\$1
 Ham or Chicken Salad Wrap (lettuce, tomato,
 cucumber, carrot, cheese) (E)\$5.50
 Homemade Spaghetti Bolognese (E)\$4.00

SANDWICHES

Vegemite (E)\$1.00
 Cheese (E)\$1.50
 Egg & Lettuce (w/mayo) (E)\$2.50
 Ham (E)\$2.00
 Ham & Cheese (E)\$2.30
 Toasted20c

EXTRAS

Lunch Bag15c
 Tomato or BBQ Sauce30c

ICE BLOCKS & TREATS

AVAILABLE AT LUNCH TIME ONLY

**Please send money with you child, not in their
 lunch bag.**

Frozen Pineapple Ring (E)50c
 Quelch Fruit Stick (Ice block) (E)50c
 Juicies (Fruit Juice Ice block) Tropical (E)
\$1.50
 Low Fat Ice Cream Tub (O)\$1.50
 NEW Everest Frozen Mango Yoghurt\$2.00

Uniform Order

Please order carefully as we **CANNOT RETURN ITEMS.**

Orders due back to school by **Friday 3rd November 2024 - 9am**

For any assistance, please contact Bec Evans 0429 874 452.

Name _____ Class _____ Ph number _____

| | QUANTITY | SIZE (4-16) | PRICE | TOTAL |
|--|----------|-------------|---------|-------|
| GIRLS UNIFORM | | | | |
| Green Box Pleat Short | | | \$21.00 | |
| Straight Leg Trackpants | | | \$18.00 | |
| <i>School Dress (order separately)</i> | | | TBC | |
| BOYS UNIFORM | | | | |
| Grey Shorts | | | \$15.00 | |
| Grey Cargo Shorts | | | \$18.00 | |
| Grey Long Gaberdine Pants | | | \$18.00 | |
| UNISEX | | | | |
| Short Sleeve Gold Polo Shirt | | | \$17.00 | |
| Long Sleeve Gold Polo Shirt | | | \$19.00 | |
| School Jumper | | | \$22.00 | |
| Dry and Cosy Green Jacket | | | \$36.00 | |
| UNISEX SPORT | | | | |
| Sport Shirt | | | \$23.00 | |
| Green Taslon Sport Shorts | | | \$14.00 | |
| Microfibre Tracksuit Jacket | | | \$32.00 | |
| Microfibre Straight Leg Trackpants | | | \$25.00 | |
| MISCELLANEOUS ITEMS | | | | |
| Hats | | S/M M/L | \$15.00 | |
| Scrunchies (Green or Gold) | | | \$2.00 | |
| Gloves | | | \$3.00 | |
| Scarves | | | \$6.00 | |
| TOTAL PRICE | | | | |

Payment Options:

☐ Cash

☐ Direct Deposit: **Stroud P and C Association**

BSB: 062 535

ACC: 1006 8537

USE NAME AS REFERENCE

PLEASE NOTE GIRLS JERSEY A LINE SKORT HAS BEEN REMOVED FROM OUR UNIFORM LIST. APOLOGIES.

Please think ahead for all uniform needs, especially a 'new shirt' for school photo day in term 1!