

WHAT'S ON

2019

Term 1

Week 8

Tuesday 19 March

Athletics

Wednesday 20 March

3/4 Soccer Gloucester

Thursday 21 March

Crazy Hair Day

Week 9

Tuesday 26 March

Athletics

Wednesday 27 March

P&C meeting

CANTEEN

Week 8

Monday 18 March
Melinda Bowden
Helen Pundi
Lisa Smith

Week 9

Monday 25 March
Drew Humfrey
Helen Pundi
Bianca Gilfillan

Stroud Public School Newsletter

Care, Respect, Responsibility and Fairness

Erin Street Stroud 2425

Phone: 0249945255

Email: stroud-p.school@det.nsw.edu.au



TERM 1 WEEK 7

FRIDAY 15TH MARCH 2019

Principal's Report

What a busy week for our parents with the Alderley Creek Camp. A HUGE thank you for the effort that all the parents have put into this week. I know that you must be exhausted!!!!!!

NAPLAN Online Practice

The school will again be doing the NAPLAN tests this year online. The practice test in order to iron out any problems will be conducted on Wednesday 27 March. It is just a 45 minute test for both years three and five and no results will be collected. The children will be able to have some practice with how to answer questions online before the proper tests in May.

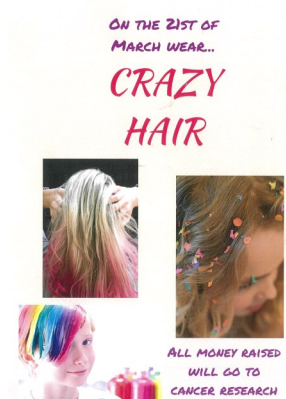
Year Six Expression of Interest for High School in 2019

An expression of interest form for high school in 2019 is being sent home today. Your local high school is Dungog High School. If you want your child to enrol in another high school such as Gloucester or Bulahdelah we can source their non local enrolment application for you. Please come and see us at the office. **These forms have to**

be returned by Tuesday 19th March so that we can send them onto the high school.

Crazy Hair Day

Next week on Thursday 21 March we are having a crazy hair day to raise money for cancer research. Your children can come with their hair done in a crazy fashion. The ministers will also have coloured hair spray to add a little more to their crazy hair! Please bring along a gold coin donation to support cancer research. Thank you to the ministers for devising our poster.



Remember severe water restrictions are in place for our town.

Have a great weekend and keep hoping for some rain.

Carolyn and Staff.

School Events

Combined Cross Country

Our combined cross country is on Friday 29 March and we sent home a note for transport to the carnival last week. We have not received many responses back yet so could you please return

the note ASAP so that we can organise the cost of the bus. I have attached another note to the newsletter for those families who have not returned the note.



Remember our 4 bees:

Be caring,

Be respectful,

Be responsible and Be

Fair

Remember
to wear
your hat!

Positive Behaviour for Learning

This week for our award certificates the ministers have been promoting being fair. We can all do this by sharing our space, working well with others and sharing equipment. It is always wonderful to see how well our students treat each other. Congratulations to Lucy, Sienna, Ashleigh, Abbi, Milla, Nicholas and Thomas. Blade C was absent for the photo.



School Sport Activities

Combined Cross Country

Our combined cross country venue this year is at Booral Public School on Friday 29th March. Information on the cross country is attached to the newsletter.

The Port Stephen's Zone Cross Country is on Tuesday 7th May 2019.

The combined Athletics carnival will be held at the beginning of term 2 on Friday 10th May. More information on this will come home later in the term.

Term 1 Week 8	
Tuesday	Athletics program
Wednesday	Circuit/Dance
Thursday	K-6 Class sport
Friday	Distance Run

School Information and Reminders

Book Club

Book Club will be due on the 27 March.

There have been some children suffering from a stomach bug over the last few days. So keep a watch out!



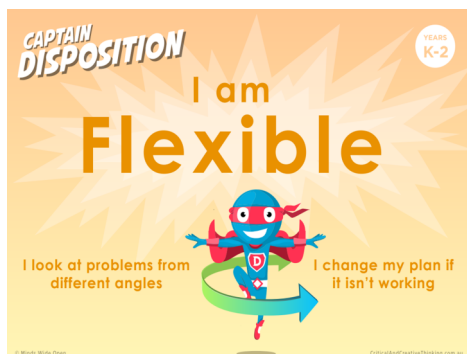
Please remember to send fruit or vegetables to school for our fruit break every day

Learning News

Premier's Reading Challenge

Once again this year our school is taking part in The Premier's Reading Challenge. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read a wide variety of books. The Premier's Reading Challenge (PRC) is available for all NSW students in Kindergarten to Year 9.

The 2019 Challenge kicks off **Monday 4 March** and closes **Tuesday 30 August** (midnight) for **students**. Please fill in the attached permission note so that we can activate your child's log. All the children who have participated previously have been very enthusiastic about their reading.



Classes have also been working on their understanding of what it means to be flexible!



Wattle Whispers

This week in reading we have been revising the eight sounds we have learnt and practising our counting on strategies in maths.

The children have also started giving their speeches and have been very impressive!

Birthdays

No birthdays this week!



Community Information

Please find attached to the newsletter information on:

- ♦ Easter fun at Stroud Lodge

Tip of the Week (Parenting Ideas)

If you want your child or young person to be resilient enough to cope with the hardships that come his or her way, and in doing so build strengths for the future, consider fostering your own resilience first. Parents are in the best position to influence their children's resilience. Children watch our reactions to adverse events and view first hand how we look after – or neglect – our own mental health and wellbeing.

Focusing on our own resilience is not as difficult as it may seem. If you adapt a resilience mindset you'll find that resilient behaviour follows. Want to get fitter physically? You could take up a new fitness regime or you could simply adopt a fitness mindset. Adopt the former and there's a reasonable chance that you'll start off gung ho and run out of steam after a month. Adopt the latter and you'll more likely take small, sustainable steps such as walking or riding to work, taking stairs instead of escalators and playing active games rather than sitting on the couch on weekends.

The mindset approach works well with resilience. Take the sustainable approach of looking after your mental health, becoming conscious of the messages you send yourself and developing coping skills that allow you to respond rather than react to adverse events.

Stroud Public School

Premier's Reading Challenge 2019

Once again, Stroud School has joined the Premier's Reading Challenge. The Challenge is open to ALL children from Kindergarten to Year 9 and aims to encourage in students a love of reading for leisure and pleasure, and to enable students to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. This is the web address for The Premier's Reading Challenge: <https://online.det.nsw.edu.au/prc/home.html>

All students who enter and successfully complete the Challenge will receive a Premier's Reading Challenge certificate for that year. To meet the Challenge, students must complete a set amount of reading. Some books must be chosen from the Premier's list and others may be of personal choice. See the table below:

Challenge	Number of books you must read	Minimum number of PRC books	Maximum number of Personal Choice books	PRC booklists you can read from
K-2	30	25	5	K-2, 3-4, 5-6, 7-9
3-4	20	15	5	3-4, 5-6, 7-9
5-6	20	15	5	5-6, 7-9
7-9	20	15	5	5-6, 7-9

THE READING CHALLENGE OPENS ON 4 March and CLOSSES ON 30 August.

Your PRC coordinator is Mrs Brewer.

Please find the permission note attached. Please return to your child's teacher so that we can activate your child's log. When your child's log is activated, years 3-6 can access the website to log books that they read at home/school. A reading log sheet will be sent home when your child's log is activated. K-2 teachers will log books read in the classroom for all students.

Below is the table showing what certificates the students can achieve:

Year of completing PRC	Award received
First year, second year, third year,	Challenge completion certificate
Fourth year (not consecutive)	Gold certificate
Fifth year, sixth year	Challenge completion certificate
Seventh year (not consecutive)	Platinum certificate
Eighth year, ninth year	Challenge completion certificate
Tenth year	Challenge completion certificate
Every year from Year 3 to Year 9 (inclusive). Therefore only Year 9 students are eligible.	Medal

Great reading,

Mrs Brewer and Mrs Bowman

2019 Premier's Reading Challenge

I would like my child/ren, _____, of class _____ to participate in the 2019 Premier's Reading Challenge. I understand and agree that, if my child successfully completes the challenge, he/she will receive a certificate from the premier and his/her name will be published on an honour roll, available to the general public.

Parent's Name: _____ Parent's Signature: _____

Combined Schools' Cross Country Carnival

Friday 29th March 2019

Location: Booral Public School grounds

Time: 9:45am - assemble for instructions and course directions ready for a 10am start.
Please advise if you would prefer students to walk the track first.

Toilets: Facilities available at Booral PS.

Asthma: Students who require asthma medication should be advised to bring it to the carnival.

Age Divisions and Distances

8/9/10 years boys and girls - 2000m (two laps of the course)

11/12/13 year boys and girls - 3000m (three laps of the course)

** Please ensure all students know their age group prior to the event.

Rules

1. All competitors must wear shoes at all times. Spikes are not permitted.
2. No competitor is to receive assistance or refreshments during the race.
3. No pushing, tripping or interfering with other competitors.
4. Course officials will take note of competitors who are obviously walking the course and have no interest or fitness to complete the course as a run. These students will not be eligible for the Zone carnival.
5. Asthma medication is permitted to be taken during the course of the event.

Marshalling and Race Information

- Students will assemble in age groups under the COLA for instructions and course details. They will then be walked to the starting line at the bottom corner of the playground (near the tennis court).
- Staff will place texta marks on students' hands as they complete each lap.
- Once students have completed the required laps, they will line up at the Recorders' Desk to have their details written down.
- Ribbons will be awarded to 1st, 2nd and 3rd in each age group for both boys and girls.

Staff Roles

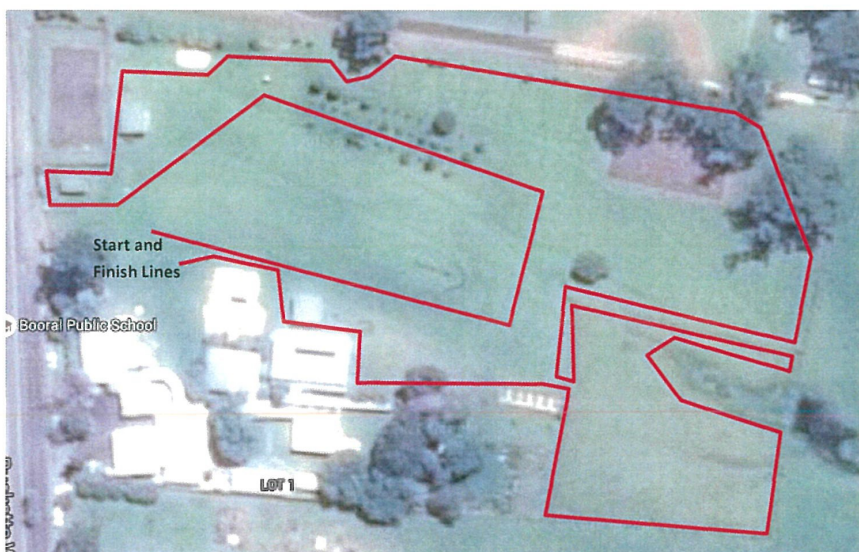
Roles will include ensuring students complete the track correctly, giving texta marks to indicate laps and supervising students as they complete the race. Please advise which staff will be in attendance from each school to allow for the allocation of positions.

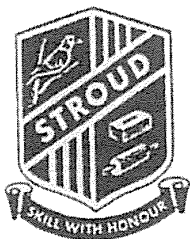
Zone Carnival - T.B.A

The first six students in each age group will be eligible to compete in the Zone event. Permission notes will be sent to schools as soon as they have been forwarded by the Zone Coordinators.

Course Overview

This map is only a guide. The course will be more clearly marked on the day using cones and markers. Where possible the route clearly follows boundaries such as fences and structures.





Stroud Public School

Erin Street STROUD NSW 2425

TELEPHONE: 02 49945255

FAX: 02 49945408

EMAIL stroud-p.school@det.nsw.edu.au

Transport to and from Combined Schools Cross Country Carnival
Friday 29th March

Dear Parents,

In order to organise transport to and from the Combined Cross Country at Booral Public School could you please indicate below how your child will be transported to and from the cross country.

The cross country is for students 8 years and older and will be held on Friday 29th March at Booral Public School starting at 9.45am.

If you are transporting your child you have to transport her/him both ways.

There will be a cost for the bus and you will be notified of the cost when we know how many children will need bus travel.

Thanking you for your support.

Carolyn Bowman
8 March 2019

Transport to and from Combined Schools Cross Country Carnival
Friday 29th March

Child's/ Children's Name: _____

☐

I will be transporting my child/children to and from the Combined Cross Country at Booral Public School on Friday 29th March.

☐

My child/ children will need bus transport to the Combined Cross Country at Booral Public School on Friday 29th March.

EASTER FUN!

At Stroud Lodge

**Saturday
6th April 2019
at 3pm**

**The residents invite all families
and children to come along
and celebrate Easter with them
in the Lodge garden.**

Free
Afternoon
Tea

Games

Easter Hat
Parade

Easter
Egg



