

WHAT'S ON

2019

Term 1

Week 7

Monday 11 March

Music

Tuesday 12 March

Athletics

Wednesday 13 March

School photos

Week 8

Tuesday 19 March

Athletics

Thursday 21 March

Crazy Hair Day

CANTEEN

Week 7

Monday	Tanya
11 March	Montford
	Helen Pundi
	Tanika
	Garnham

Week 8

Monday	Melinda
18 March	Bowden
	Helen Pundi
	Lisa Smith

Stroud Public School Newsletter

Care, Respect, Responsibility and Fairness

Erin Street Stroud 2425

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TERM 1 WEEK 6

FRIDAY 8TH MARCH 2019

Principal's Report

It has been a very busy week with some children out for sport, a visit from Steeler and teacher's working on their own learning. Next week will also be very busy, especially for the P&C. We thank them in advance for their work on the camp. Thank you to everyone for volunteering and if you can fill in the gaps on the roster that would be much appreciated. Don't forget photos next week!

The school has subscribed to the Parenting Ideas website. This website has access to articles, webinars and learning all focused on strengthening educational and parenting communities. At varying times over the year I will either attach whole articles to the newsletter or just attach a snippet of information that may be helpful in your journey as a parent.

Remember severe water restrictions are in place for our town. Have a great weekend.

Carolyn
and Staff.



School Events

Responsible Pet Ownership Program

Vicki and Steeler came to visit the K-2 children last Tuesday. As always Vicki is very impressed with all the children and how they respond to Steeler. We thank her very much for bringing him to school and talking about looking after our pets.





Remember our 4 bees:

Be caring,

Be respectful,

Be responsible and Be

Fair

**Remember
to wear
your hat!**

Positive Behaviour for Learning

Congratulations to all these students who were presented with learning awards this week. Well done to Cain (fantastic effort in all KLA's), Matilda (improvements in work completion), Danika (fantastic effort in creative writing), Abbygail (improved effort during PE and sport), Chelsea (excellent effort in all KLA's), Payton (great work in spelling), Finley (great effort in Athletics) and Neveah (enthusiastic approach to art).



School Sport Activities

Combined Cross Country

Our combined cross country venue this year is at Booral Public School on Friday 29th March. As we are travelling to Booral I have attached a note in order to see how many parents of 8 years and older students would be willing to transport their children to Booral and how many would be prepared to pay for a bus.

Could you please return this note by Friday 15th March so that we can finalise our organisation for the event. Thank you in advance for your reply. More information on the cross country will be sent home soon.

The combined Athletics carnival will be held at the beginning of term 2 on Friday 10th May. More information on this will come home later in the term.

Term 1 Week 7

Tuesday	Athletics program
Wednesday	Circuit/Dance
Thursday	K-6 Class sport
Friday	Distance Run

School Information and Reminders

School Photos

Our school photos will be taken on Wednesday 13 March. All envelopes need to be returned on photograph day whether you are purchasing photos or not. You can pay online. Information is on the envelopes sent home last week.

Tell Them From Me

Last week information was sent home about the 'Tell Them from Me' survey that the children in years 4, 5 and 6 will be asked to complete over the coming weeks. If you **do not** want your child or children to participate, please return the form to school by **Monday 11 March**. Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.



Please remember to send fruit or vegetables to school for our fruit break every day

Reminder

K-2 Speech for Backyard Safari is due next week.

Learning News

This week our staff have begun their first Quality Teaching Round of the year. Carolyn Bowman (Stroud) will be running the round with Kylie Hughes (Stroud), Julie McNeice (Stroud Rd) and Shannon Crawford (Stratford) also participating.

Each teacher will host a writing lesson for their fellow teachers to observe and code against the Quality Teaching Elements. Once the teachers have coded the lesson they will engage in a discussion, with each teacher sharing and justifying their codes, drawing on evidence gathered during the observation. The goal is to reach a consensus, a process that allows teachers to share targeted and critical insights in constructive ways. This provides powerful and positive growth for both teachers and students developing an understanding of how to plan and deliver high quality lessons consistently.

Birthdays

No birthdays this week!



Community Information

Please find attached to the newsletter information on:

- ♦ Coastal Valley Girl Guides
- ♦ Gloucester Scorpions Soccer Winter Season
- ♦ **KIDS CLUB is on Thursdays at St John's Church 3.15-4.30pm!**

Tip of the Week


If you are looking to building a culture of independence in your family (or in your classroom) then creating your proprietary language around independence is a great way to start.

"Never regularly do for a child the things a child can do for him or herself" **Goal:** Independence









This is perhaps the original parenting-for-independence manifesto, and it's a philosophy that guides many teachers and parents today. In effect, this sentence means that wherever possible we give children the skills and competencies to look after themselves physically and emotionally. It requires a great deal of patience, time and courage from parents and teachers as the sentence is easier to say than to put into practice. But it's a worthy guiding principle that leads to self-sufficiency in children, and ultimately redundancy as parents.

**REGISTRATIONS
OPEN NOW!**
BE PART OF THE TEAM. BE PART OF FOOTBALL.

FREE FOOTBALL
FOR EVERY LEVER PLAYERS OF FOOTBALL



www.footballmidnorthcoast.com/2019-registrations

GLOUCESTER SCORPIONS SOCCER WINTER SEASON 2019

FREE SOCCER THIS YEAR WITH YOUR ACTIVE KIDS VOUCHER!

Take advantage of free soccer for our local competition,
please make sure you have your ACTIVE KIDS VOUCHER before registering.

Info Day Saturday 9th March (10am – 12pm @ Soccer Grounds)

Trial Games Saturday 23rd March, 30th March

Season Start Saturday 6th April

To Register: www.gloucestersoccernsw.org

Facebook: Gloucester Soccer Club

Need help? Call Felicity 0409 903 425

Or email gloucestersoccernsw@gmail.com

Registrations are still open for the Manning Teams
13 years, 16 years and Seniors Team.

For more information on Manning Teams call

Geoff Hawkins 0409 903 425

Coastal Valleys Girl Guides

Girl Guides have lots of FUN! We camp, cook, craft,
play games, earn badges and learn skills for life.

Girl Guides meet in a suburb near you!

For more information: please contact
Sandra Herbert on 0418 160 402 or
herbshaven@bigpond.com
or go to www.girlguides-nswact.org.au




GIRL GUIDES
AUSTRALIA
NSW & ACT



Stroud Public School

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Transport to and from Combined Schools Cross Country Carnival
Friday 29th March

Dear Parents,

In order to organise transport to and from the Combined Cross Country at Booral Public School could you please indicate below how your child will be transported to and from the cross country.

The cross country is for students 8 years and older and will be held on Friday 29th March at Booral Public School starting at 9.45am.

If you are transporting your child you have to transport her/him both ways.

There will be a cost for the bus and you will be notified of the cost when we know how many children will need bus travel.

Thanking you for your support.

Carolyn Bowman
8 March 2019

Transport to and from Combined Schools Cross Country Carnival
Friday 29th March

Child's/ Children's Name: _____

☐

I will be transporting my child/children to and from the Combined Cross Country at Booral Public School on Friday 29th March.

☐

My child/ children will need bus transport to the Combined Cross Country at Booral Public School on Friday 29th March.

STROUD P & C ASSOCIATION

NEWSLETTER

WEEK 6, TERM 1, 2019

Thanks to those of you who have volunteered your time and/or services for the camp catering. There are still some HELP NEEDED spots on the roster, if you think you can help us out, please call or text me ASAP. We are shopping on Sunday for camp, if you require ingredients for your cooking and would like me to get them for you, please text me your list by Saturday evening otherwise be sure to keep your shopping receipts to be reimbursed for your goods. Please be mindful of the allergies for this camp and not include those in your cooking. Thanks again.

Group 1 Monday and Tuesday

4 Vegan
5 Vegetarian (1 allergic to sesame)
1 Gluten
1 Lactose
1 No chilli or paprika
37 students + 6 staff, Total = 43

Group 2 Wednesday and Thursday

2 Vegan
4 Vegetarian (1 allergic to sesame)
1 Gluten with no nuts or peanuts
1 Lactose
1 No chilli or paprika
1 allergic to kiwi fruit
1 "Lacto ovo vegetarian" cannot eat garlic, onion, chives, shallots and leeks (lacto ovo = semi vegetarian)
1 no chicken
1 no pork
32 Students + 6 staff, Total = 38

In summing up, **NO CHILLI OR PAPRIKA** to be used in cooking dishes and **NO KIWI FRUIT** for this camp.

The new canteen roster is attached as well, last Monday was our first canteen day for the year and all went well with the children very excited with our new menu choices...

Enjoy the week ahead, it will be busy.....

Maxine 49945160 or 0429025775

ALDERLEY CREEK CAMP 11-15 MARCH 2019

DAY	MAINS DISH	DESSERT	SERVE
GROUP 1 – TOTAL 43			
MON 11/3	Beef – Amanda Field	Trifle – HELP NEEDED	Maxine
CASSEROLE/	Lamb – Michael Bowman	Peach Slice – Lisa Smith	Lisa Smith
CURRY	Chicken – Lisa Reyes	Apple Strudel- HELP NEED	Angela Hutchins
NIGHT	Chickpea Curry - Canteen	Brownie – Lisa Reyes	Kate T-S
	Vege Curry – Amanda Field	Fruit Plate - Canteen	Amanda Field
	Rice - Canteen		Jenny Brewer
	Dahl – Kate Temple-Smith		
TUE 12/3	Steak/Snag/Kebab	BakedRiceCustard - Maxine	Maxine
BBQ NIGHT	Vegetarian Kebab - Canteen	Cheesecake Slice – TanikaG	Amilcar Reyes
	Vege Patty – HELP NEEDED	StickyDate Pud – Tanya M	Brad Smith
	Potato Bake – Lisa Reyes	Choc Cake – Lisa Reyes	Kevin Hutchins
	Zucchini Slice – Kim Grey	Fruit Salad - Canteen	Ben Montford
	Noodle Salad – Kate TS		Kate T-S
	Toss Salad - Canteen		Helen Pundi
	Pumpkin Salad – Sam Osborne		
Group 2 – TOTAL 38			
WED 13/3	Steak/Snag/Kebab	Pavlova – Bec Evans	Maxine
BBQ NIGHT	Vegetarian Kebab - Canteen	SelfSaucePud - Canteen	Dan Rees
	Vege Patty – HELP NEEDED	ButterCake – HELP NEEDED	Kevin Hutchins
	Chat Potato - Canteen	Cheesecake – HELP NEED	Troy Perkins
	Zucchini Slice – Kim Grey	Fruit Plate - Canteen	Kate T_S
	Coleslaw – Tanya Montford		Helen Pundi
	Rice Salad – HELP NEEDED		
	Toss Salad - Canteen		
THUR 14/3	Beef Lasagne – HELP NEEDED	BreadButter Pud – Maxine	Maxine
PASTA	Vege Lasagne – Amanda Field	RockyRoad Brownie – Lisa S	Angela Hutchins
NIGHT	Bolognese Sauce – Sam Osborne	Apple Crumble – Bianca G	Kate T-S
	Chicken Boscaiola – Bianca G	CheesecakeSlice- HELPNEED	Bianca G
	Pesto Pasta –	Fruit Salad - Canteen	Amanda Field
	Greek Salad - Canteen		Jenny Brewer
	Tomato Salad - Canteen		
	Vege CousCous – Sam Osborne		
	Pasta - Canteen		
	Special Lasagne – Amanda Field		

Cookies for all 4 days - JJ Slade

CANTEEN ROSTER TERM 1 2019

DATES	8.30AM-2.00PM	10.00AM-2.00PM	
04/03/19	Maxine Ince	Helen Pundi	Melinda Bowden
11/03/19	Tanya Montford	Helen Pundi	Tanika Garnham
18/03/19	Melinda Bowden	Helen Pundi	Lisa Smith
25/03/19	Drew Humfrey	Helen Pundi	Bianca Gilfillan
01/04/19	Melinda Bowden	Helen Pundi	Lisa Reyes
08/04/19		Helen Pundi	Bianca Gilfillan

SANDWICH DAY 11.30AM-1.30PM

At this time, sandwich day will not operate until next term!

If you are unable to do canteen the day you are on the roster, please try to find a replacement or swap with someone else. If you cannot find anyone, **ring the supervisor that you are on with on the day.**

Committee : **Tanya Montford** 49976772 / 0428818199

Kate Temple-Smith 0408534139 / 49945425

Melinda Bowden 0414258763

Maxine Ince 0429025775

Drew Humfrey

Phone Numbers

Thank you for your support.

